

# ALMAA wants you to **Cover Your Cup**

***Did you know that someone in the United States falls victim to sexual assault every 6 minutes?*** <sup>(1)</sup>



## What is DFSA?

Sexual assault appears in many different forms, including Drug Facilitated Sexual Assault (DFSA).

DFSA "involves the administration of an anesthesia-type drug to render a victim physically incapacitated or helpless and thus incapable of giving or withholding consent. Victims may be unconscious during all or parts of the sexual assault and, upon regaining consciousness, may experience anterograde amnesia—the inability to recall events that occurred while under the influence of the drug." <sup>(2)</sup>

As the illegal substances used in DFSA are most commonly administered through drinks, **make sure to Cover Your Cup.**

## How can I protect myself?

- *Always know where your beverage came from, and always keep a watchful eye on your drink. Never leave it unattended, and never accept a drink from a stranger.*
- *Understand that DFSA can happen anytime, anywhere...to anyone.*
- *April is National Sexual Assault Awareness Month. Please share this information with a friend.*

(1) US Department of Justice Crime Victimization Survey 2007

(2) US Department of Justice - National Drug Intelligence Center, Drug Facilitated Sexual Assault Facts, Questions and Answers

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**ALMAA (Advocacy, Leadership and Mentoring After Assault)** is a Chicago-based non-profit organization committed to preventing sexual violence through education, as well as assisting victims of sexual violence on their road to recovery. ALMAA aims to eliminate the 'stigma' of sexual assault by increasing awareness of all types of sexual violence, including Drug Facilitated Sexual Assault. **March 11, 2010 is ALMAA's 1st Annual Cover Your Cup Day. Visit ALMAA at [www.almaa.org](http://www.almaa.org).**

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